



# Yonkers PROGRESS

Advertising Supplement to The Pennysaver by The Yonkers Chamber of Commerce

March 30, 2016

## The Yonkers Chamber of Commerce 2016 “Women of Excellence”



**Christina Gilmartin**  
*Business Professional Award*



**Pat Tursi**  
*Above and Beyond Award*



**Beth Fitzgerald**  
*Entrepreneurial Award*



**Linda Bohan**  
*Thomas J. Caramadre, Jr.  
Humanitarian Award*

**BOARD OF DIRECTORS****Angelo R. Martinelli***Chairman***Thomas McSpedon***Treasurer***Howard Berman***Counsel***Robert Galterio***Chairman Emeritus**Executive Committee***Ronald Corti****Patrick Daugherty****Paul Ranieri****Peter Smith****Eben Walker****Kevin T. Cacace***President***John Acciavatti****Greg Arcaro****John Chiappetta****Mike Grenadier****Brian Harrington****Caryn Helfer****Moira Kiernan****Joseph Marra****Michael Minerva****Carmine Mollica****Anthony Mormile****Patricia Mulqueen****Liz Pollack****Ronald Rianas****Alexander Sajdak****Fred Salvino****John Saraceno****Joseph Shuldiner****Stephen Szulhan****Wilson A. Terrero****John Tolomer****Mario Trombetta****Vincent Volino****Bernice White-Gaynor****Past Women of Excellence Award Recipients****1993**Gladys Baerga Viruet, Monica Getz,  
Vera DeMarco, Elaine Sheila Morris  
Gina Bongiorno, John Gilligan**1994**Dee Barbato, Lee Douglas,  
Beverly Levine, Halo Yaccino, Ann Muro**1995**Cheryl Brannan, Mary Mancuso Logan,  
Lucy Benedetto, Sr. Mary Linehan**1996**Susan Cohen, R.N., Jacqueline Winslow Miller,  
Dr. Joan O'Gorman, Mary Ann Monachelli**1997**Susan Gunser, Iris Walshin, Dr. Gladys Pack, Wilda  
Mejias, Pastor Rosalind Fields**1998**Mary Gaines, Joyce Fortunato,  
Edith Klein, Janice Lubin Kirschner**1999**Hon. Cecile Singer, Dr. Sarala Devi,  
Sister Mary Linehan, Hon. Doris Friedman**2000**Danielle DeMatteis, Patricia Sadler,  
Alberta D'Aloia Wort, Alfred Weissman**2001**Patricia Daye, Marilyn Caselli,  
Arline Frey, Martin Walshin**2002**Elizabeth McFadden, Wanda London,  
Lenore Minerva, Murray Gunner**2003**Christine Gaudio, Joy Lawrence,  
Kathleen Ryan, Rev. Burtner Ulrich**2004**Janine Rose, Angela Stanley,  
Ellen Story, Greg duSablon**2005**Joan Dupay, Sandra Miller,  
Carmen Gomez Goldberg, James Campbell**2006**Nancy Woodruff Ment, Betty Heiman, Joyce Hernandez,  
Mary E. Hotte (posthumously)**2007**Lois Epstein Herzberg, Maxine Helman,  
Kathleen Dirschel, Rev. Luther Evans**2008**Ellen Lynch, Marla Hurban,  
Bernice Cook, Richard Fitzgerald**2009**Helen Henkel, Elaine David,  
Lynn Nelson, William B.J. Harrington**2010**Vanessa Osso, Barbara Berrios, Jane McAffe,  
Pat & Larry McCrudden**2011**Liz Pollack, Diana Costabile, Bernice Spreckman,  
Genevieve Piturro**2012**Kay Scott, Eileen Mannion Collum, Emily Ellis,  
Maryann Cariello**2013**Ann Kachmar, Margaret Assante, Ann Chianese,  
Deborah Dimiceli, Melvina Carter**2014**Piedad Abreau, James J. Landy, Joan Magoolahan,  
Shawyn Patterson Howard**2015**Mora Kiernan, Pat Puleo, Dr. Suzanne Greenidge,  
Orla Kelleher

# Send Us Your News!!

The Yonkers Chamber of Commerce is happy to announce that we have launched our new website ([www.yonkerschamber.com](http://www.yonkerschamber.com)) and we invite you all to send us any news, specials, promotions, milestones, etc. from your business that you would like for us to post.

Photos always welcomed!

Just email the information to Jeanne Martinelli at

**[jmartinelli@yonkerschamber.com](mailto:jmartinelli@yonkerschamber.com)**

Find us on Facebook and Twitter, too

# ...From the Desk of Jeanne Martinelli

*Director of Marketing, Yonkers Chamber of Commerce*

Exciting things are happening at the Yonkers Chamber of Commerce that I would like to share with you. As you can see from this beautiful publication of The Yonkers Progress, we are hard at work to keep you informed of the latest news from our members and the Yonkers Business Community. Our Chamber is the voice of business in Yonkers and The Yonkers Progress is our voice.

This year our Women in Business Committee celebrates 24 years of excellence at our Annual Luncheon sponsored by Cross County Shopping Center. This year we are proud to recognize four outstanding women who exemplify excellence and service to our community. We congratulate all of this year's most deserving winners featured in this issue of The Progress. In 2005, the Women in Business Committee created a Scholarship Fund for qualified young women from the Yonkers Public Schools, in memory of our good friend and fellow committee

member, Virginia Eyler. This year three very qualified and talented students will be rewarded with \$1000 scholarships at our luncheon! We congratulate them and wish them the best of luck in all their future endeavors. The Chamber thanks 5-Star Premier Residences for generously donating one of the scholarships this year! Please contact me if you would like to be a part of the dynamic Women in Business Committee.

This year the Chamber of Commerce will be holding its Annual Golf Outing at the beautiful Saint Andrew's Golf Club in Hastings-on-Hudson, New York, on Thursday, May 19. Invitations via regular mail, and electronically on our website, [www.yonkerschamber.com](http://www.yonkerschamber.com) will be available soon.

We look forward to two evening networking receptions for the Yonkers Chamber of Commerce: April 21 at Hyatt Cross County and May 12 at Pizzeria Uno. Please visit our website for all the details and to make a reservation.

I am happy to report that we have welcomed many new businesses, both large and small, into our Chamber, and we continue to actively recruit new ones. New members are featured in our newspaper, The Progress, which is distributed by the Penny Saver to 45,000 homes and families. All members are included in our website. I invite you all to get involved with the Yonkers Chamber of Commerce.

Ballots for "Yonkers Best" will be distributed soon and all winners will be featured in the September "Back to School" Edition of the Progress. Here is your chance to let us know who you think is the Best in Yonkers!



The *Yonkers Progress* is produced by the Yonkers Chamber of Commerce.

*Editor*

**Jeanne Martinelli**

*Layout and Design*

**Tri-State Media**

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**Ricky Restiano**

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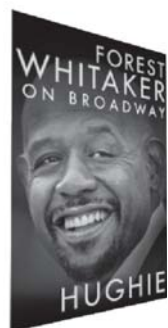
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THE YONKERS CHAMBER OF COMMERCE · WOMEN IN BUSINESS COMMITTEE

# BETH FITZGERALD

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CHAMBER OF COMMERCE



# Saluting excellence here in Yonkers



**by Angelo R. Martinelli  
Chairman, Yonkers Chamber of  
Commerce**

Each year the Women in Business Committee organizes an event that is nothing short of spectacular. The Women of Excellence Luncheon began 24 years ago as a way to honor outstanding individuals in our community, and it continues to be the shining star of Chamber events.

I am always impressed by the months of pre-event preparation that go into making this luncheon a huge success. One of the most difficult jobs of the committee is selecting the honorees for each of the categories. Dozens of nominations flood into the Chamber offices each year, and believe me, it is not an easy decision to make! This year the Business Professional Award goes to Christina Gilmartin, the Communications Director for Mayor Mike Spano and the City of Yonkers. We applaud her for her hard work and dedication. She is truly a "Business professional" and we thank her for serving our City so well. Congratulations Christina.

The Yonkers Chamber of Commerce is proud to honor my good friend, Beth Fitzgerald with the Entrepreneurial Award. Beth is the Chief Financial Officer for Sound Associates, which provides professional audio and video systems with high end installations from Broadway theatres and concert

halls to corporate boardrooms and houses of worship. I have the privilege of serving with Beth on the Untermyer Gardens Conservancy Board. She does her job in a quiet and good way, and what she says always has great meaning! I am proud to call her my friend and am happy to congratulate her on this outstanding recognition.

I don't know of a harder worker on behalf of her staff and residents at Elizabeth Seton Pediatric Center as this year's Above and Beyond recipient, Pat Tursi. I have witnessed firsthand her skill and expertise as their Chief Executive Officer and have admired the tireless work she performs on behalf of all involved in this extraordinary facility. We are extremely proud to recognize Pat for she certainly goes "Above and Beyond" and I know she will have a lasting effect on our community for years to come. Pat, we salute you and your amazing work with the most fragile medically challenged population of children and ado-

lescents.

Linda Bohan more than meets the criteria of humanitarian and we are glad to recognize her with the Thomas J. Caramadre Humanitarian Award. Linda's tireless work has helped spearhead programs like Baby Safe Haven at St. John's Riverside Hospital, Asthma awareness and education in the Yonkers Public schools, the Family Welcome Center at Vive, and the Mayor's Hispanic Advisory Board, to name a few. The Yonkers Chamber of Commerce is very proud to honor her and thank her for all her good work.

On behalf of the Board of Directors, I extend heartfelt congratulations to our honorees and ask all of you to join me and all the members of the Yonkers Chamber of Commerce in saluting them. I also extend a special thank you to our own Moira Kiernan who has successfully chaired our Women in Business Committee for many years.

Best Wishes  
to

The Yonkers Chamber of Commerce  
24<sup>th</sup> Annual  
"Women of Excellence Luncheon"  
and Your Honorees and Scholarship Winners

Our Heartfelt Congratulations on a Well Deserved Honor

to

Linda Bohan  
for the

Thomas J. Caramadre Humanitarian Award

From your Friends at

**ST. JOHN'S**  
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**HOSPITAL**

# Yonkers Chamber welcomes newest members

**Palisade Avenue Inc/Nader J. Sayegh**  
10 Palisade Avenue,  
Yonkers, NY 10701  
Phone: (914) 423-0800  
Fax: (914) 423-7870  
Email: [sayeghlaw@aol.com](mailto:sayeghlaw@aol.com)  
Nader J. Sayegh, Esq.,  
President  
*Real Estate/Legal Services*

**\*Performance Rehabilitation**  
955 Yonkers Avenue  
Suite 109  
Yonkers, NY 10704  
Phone: (914) 776-7310  
Fax: (914) 776-7566  
Email: [ssrebnik@performancerehabny.com](mailto:ssrebnik@performancerehabny.com)  
Steven Srebnik, President  
*Physical Therapy*

**\*Wink Check Cashing Corp**  
499a South Broadway  
Yonkers, NY 10705  
Phone: (914) 965-1608  
Fax: (914) 965-0558  
Email: [munoz728@aol.com](mailto:munoz728@aol.com)  
Nancy Munoz,  
Secretary  
*Financial Services*

**\*Le Moulin Eatery and Wine Bar**  
One Pierpointe  
Yonkers, NY 10701  
Phone: (914) 469-6762  
Email: [josyane@lemoulincatering.com](mailto:josyane@lemoulincatering.com)  
Website: [www.lemoulincatering.com](http://www.lemoulincatering.com)  
Josyane Colwell,  
President and Owner  
*Restaurant/Catering*

**\*iFly**  
849 Ridge Hill Blvd  
Yonkers, NY 10701  
Phone: (914) 449-4359  
Cell: (646) 919-1713  
Email: [kbeavers@iflyworld.com](mailto:kbeavers@iflyworld.com)  
Website: [www.iflyworld.com](http://www.iflyworld.com)  
Kristopher Beavers,  
Sales Manager  
*Indoor Skydiving*

**\*Fidelis Care New York**  
419B South Broadway  
Yonkers, NY 10705  
Phone: (914) 233-5222  
Fax: (914) 465-3229  
Cell: (347) 502-4456  
Email: [dsantana@fideliscare.org](mailto:dsantana@fideliscare.org)  
Website: [www.fideliscare.org](http://www.fideliscare.org)  
Daniel Santana,

Outreach Specialist  
*Non-for-Profit/Health Plans*

**\*Mr. Awesome Glass & Mirrors, Inc.**  
121 Oliver Avenue  
Yonkers, NY 10701  
Phone: (914) 562-4653  
Fax: (914) 338-7363  
Email: [huertasonia54@gmail.com](mailto:huertasonia54@gmail.com)  
Website: [www.mrawesomeglass.com](http://www.mrawesomeglass.com)  
Sonia Huerta,  
President  
*Glass and Aluminum Work*

\* Denotes new member article submitted.



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*Salutes*

## THESE WOMEN OF EXCELLENCE

*Beth Fitzgerald, Sound Associates  
Entrepreneur*

*Christina Gilmartin, Office of the Mayor  
Business Professional*

*Pat Tursi, Elizabeth Seton Pediatrics  
Above & Beyond Award*

*Linda Bohan  
Thomas J. Caramadre Humanitarian Award*



**YONKERS**  
2001 Central Park Ave.  
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**WHITE PLAINS**  
464 Mamaroneck Ave.  
**(914) 290-6330**

**THORNWOOD**  
994 Broadway  
**(914) 984-5446**

**MT. KISCO**  
51 S. Moger Ave.  
**(914) 752-4262**

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305 Mamaroneck Ave.  
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## CONGRATULATIONS

to The Yonkers Chamber of Commerce,  
The Women in Business Committee &  
all the deserving honorees –

*Beth Fitzgerald, Patricia Tursi,  
Christina Gilmartin & Linda Bohan!*



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On behalf of the children, staff and Directors of the  
**Elizabeth Seton Pediatric Center,**  
we congratulate Pat Tursi as the recipient of this year's

*“Above and Beyond Award”*

at the 24th Annual Yonkers Women of Excellence Luncheon

**We are grateful for Pat's stewardship, dedication and  
love for the medically complex children we serve!**




**We salute all honorees for working to make a difference in our community:**

*Beth Fitzgerald, Christina Gilmartin and Linda Bohan*

**We applaud the Virginia Eyler Scholarship Winners:**

*Malak Murshed, Elisa Pereyra and Stephanie Walls*

 St. Elizabeth Seton  
CHILDREN'S FOUNDATION

  
John A. Coleman School

Elizabeth Seton   
PEDIATRIC CENTER

Children's   
Rehabilitation Center

[www.setonpediatric.org](http://www.setonpediatric.org)



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*“Cheers to this year’s  
Womwn of Excellence  
Honorees”  
Ann Chianese*

*(2013 Past WoE Recipient)*

**1761 Central Park Avenue Yonkers, NY 10710  
Highridge Shopping Center  
(914) 793-6110 (914) 793-6111 Fax (914) 793-9239**



## A message from our Sponsor - Cross County Shopping Center

Shake Shack Comes to Cross County Shopping Center  
*The first Westchester County location opens summer 2016!*

Cross County Shopping Center is proud to announce they will be home to Westchester County's first Shake Shack location in the summer of 2016. The popular NYC-based restaurant will open in a new retail space, north of AX Armani Exchange, facing the Cross County Parkway.

Shake Shack is a critically acclaimed, modern day "roadside" burger stand known for its all-natural burgers, flat-top dogs, frozen custard, beer, wine and more. A fun and lively community-gathering spot with widespread appeal, Shake Shack has earned a cult following in New York City and around the world.

"The opening of Shake Shack comes as the culmination of a series of several new fashion retailers and eateries to open at the shopping center within the last year," said Claude Chandonnet, president &

CEO of Marx Realty and executive vice president of Brooks Shopping Centers, LLC, the center's owner. Shake Shack will join other new retailers including Michael Kors, Skechers, Sunglass Hut, Noodles & Company and Jamba Juice. "We will continue to answer the needs of our shoppers by bringing in fresh, popular brands that appeal to a broad range of tastes."

The sit-down restaurant will occupy 2,397 square feet and will include an expansive outdoor patio with customer seating. "This is an exciting time for Cross County Shopping Center," said James Stifel, CIO of Benenson Capital Partners, LLC and executive vice president of Brooks Shopping Centers, LLC, the center's owner. "Shake Shack will be a tremendous draw for customers

coming from both Westchester and The Bronx. We look forward to offering neighboring communities an inspiring new food and shopping experience."

In addition to this exciting new dining option, the Hyatt Place New York/Yonkers Hotel is also celebrating its one year anniversary with a Spring Mixer hosted by the Yonkers Chamber of Commerce in April 2016. The hotel boasts 155 guest rooms and 15 suites plus a fitness center with an indoor pool, 24/7 Gallery Menu & Market and Coffee to Cocktails Bar, business center with complimentary WiFi and a convenient meeting room, which can accommodate up to 100 guests.

"Cross County Shopping Center continues to challenge the ordinary mall experience by constantly

growing its selection of retailers and amenities in a lush outdoor setting," added James Stifel, CIO at Benenson Capital and executive vice president for Brooks Shopping Centers, LLC.

Shoppers and area residents can continue to experience seasonal family-friendly events and entertainment at Cross County Shopping Center as well. SummerFest 2016 will kick off in May and will include outdoor concerts, children's events, fitness classes and a style lounge as well as the annual Independence Day fireworks on July 1, 2016.

Free parking is a convenient amenity offered to Cross County Shopping Center visitors year round.

For more details about Cross County Shopping Center happenings visit the center's website; [www.crosscountycenter.com](http://www.crosscountycenter.com), become a fan on [Facebook.com/CrossCountyShoppingCenter](https://www.facebook.com/CrossCountyShoppingCenter), [Twitter.com/ShopCrossCounty](https://twitter.com/ShopCrossCounty), [Instagram.com/CrossCountyShoppingCenter](https://www.instagram.com/CrossCountyShoppingCenter).



## Congratulations

# BETH FITZGERALD

## ENTREPRENEUR AWARD

THE YONKERS CHAMBER OF COMMERCE  
WOMEN IN BUSINESS COMMITTEE

Richard, Shannon, Raissa, Mark, Patrick, Eleanor, Liam, Ted, Eliza



## Member profile: Family Service Society of Yonkers

Established in 1883, Family Service Society of Yonkers (FSSY) offers a broad range of programs and services for residents of Westchester County, especially for those in Yonkers. A premier provider of human services, FSSY focuses on home health care, support for families, guardianship, education and advocacy for individuals and families.

**Programs sponsored by Family Service Society of Yonkers include the following:**

**Home Health Care** provides culturally-sensitive home-based nursing, aide and support services for the frail elderly and the physically disabled.

**Home Health Care Training** offers free Department of Health-approved home health care training programs leading to New York State certification as a Personal Care Aide and the more advanced Home Health Aide.

**Geriatric Care Management** helps family members faced with the dilemma of long-distance caregiving for their loved ones. Specially trained and culturally sensitive social workers provide comprehensive assessment, care planning and implementation, and complete follow-up services to clients and their families.

**Guardianship:** FSSY is appointed by the New York State Supreme Court in Westchester and Bronx

Counties to act as legal guardian for incapacitated adults who are in danger of neglect, abuse and/or financial exploitation.

**Representative Payee Services** provides representative payee services for individuals approved by the Department of Social Services, as well as for private referrals on a fee-for-service basis.

**Homestead and Turning Point Programs** provide permanent supportive housing for disabled homeless individuals and oversees social services related to their care.

**Case Management Services** provides case management for residents of the Yonkers Municipal Housing Authority and Yonkers Section 8 Housing, ensuring that individuals receive essential services, entitlements and appropriate health care.

**Housing Accessibility Program** provides accessibility and energy-saving home modifications that enable low-income elderly and physically disabled Westchester County residents to continue living independently in their homes. Projects are approved by funding agencies and construction is performed by local licensed, insured contractors.

**Kinship Support Program** provides case management and peer support groups for relative care-

givers, and holiday and summer programs for children raised by relative caregivers.

A range of additional social service programs targeted to kinship families is also offered.

**Grand Power Advocacy** sponsors advocacy training and legislative outreach to improve benefits for relative caregivers and their children.

**JCY-Westchester Community Partners** JCY-Westchester Community Partners (JCY), a division of FSSY, sponsors the county's most extensive intergenerational literacy programs which pair volunteer mentors with students who need help.

These programs are offered in various public schools, libraries and hospital pediatric clinics in Yonkers, Mount Vernon, Elmsford, and White Plains. Executive Director, Seth Berman and the FSSY staff are dedicated to assisting Westchester residents in need as they seek to improve the lives of the county's vulnerable populations.

**If you would like more information about any of the above programs, please contact:**



Eileen O'Brien, Mentor of SMART Program gets big hugs from the students at Yonkers Montessori Academy.

Renee Ellen Rosenberg, [rosenberg@fssy.org](mailto:rosenberg@fssy.org)/914 963-5118.

If you wish to obtain information about FSSY's free Home Health Care Training Program, please call (914) 963-5118 and request details about the next training class.

The literacy programs of JCY-Westchester Community Partners need your help. If you or a friend has one hour, once a week, to help turn a child into a reader, please contact: Rande Ginsberg, [rginsberg@jcy-wcp.com](mailto:rginsberg@jcy-wcp.com)/914-423-5009

If your company/corporation has one morning to spare this summer, contact us at (914) 423-5009 to learn about the "Buddy Up and Read" opportunity for groups in our Summer Reading Buddies program at the Yonkers Riverfront Library.

## New Member profile: iFLY



Indoor skydiving is the simulation of true freefall conditions in a vertical wind tunnel. It's where the dream of flight becomes a reality.

**The Technology Behind Indoor Skydiving** A vertical wind tunnel has fans at the top to draw air through the flight chamber and then push it back down the sides through Return Air Towers (RATs). The air is 'turned' from the RATs into the bottom of the tunnel (plenum) and back up toward the flight chamber through an inlet contractor.

The inlet contractor reduces the space the air can travel in, thus compressing and speeding up the air before it reenters the flight chamber. The result: a smooth column of air that enables you to fly.

### The Sport of Indoor Skydiving

The invention of modern wind tunnels has given skydivers a consistent and practical way to develop and hone skills that usually require jumping from a plane. Additionally, the increase in availability of wind tunnels has created a whole new genre of sport – bodyflight. It is one of the most exciting and fastest growing sports in the world.

If you have an interest in pursuing bodyflight as a sport, our instructors can design a training program to help you progress in your flying skills. iFLY also offers opportunities to get involved in local flight training nights that allow you to meet other participants and build your skills. Ultimately, you can compete in one of our local competitions that may include free-style and forma-

tion flying. To find out more about the world of bodyflight including news, competitions and flying technique videos, visit the **International Bodyflight Association (IBA)** website

### Advancing Your Flight Skills

The more you fly, the better you will become. And when you purchase coaching with dedicated iFLY instructors, they help you progress faster, teach you new techniques

and give you in-flight challenges to complete. Every coaching session comes with a pre-flight game-plan and post-flight debrief to review your progress with the instructor and to chart a course of action for taking your skills to the next level. Ask an instructor how you can take up body-flight as a competitive sport.

**Let's Fly!**





Sterling National Bank  
congratulates the honorees

**Entrepreneur**—Beth Fitzgerald,  
Sound Associates

**Business Professional**—Christina Gilmartin,  
Office of the Mayor

**Above and Beyond Award**—Pat Tursi,  
Elizabeth Seton Pediatrics

**Thomas J. Caramadre Humanitarian  
Award**—Linda Bohan



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Best Wishes

to the  
Women in Business Committee  
of the  
Yonkers Chamber of Commerce

On the occasion of your 24th Annual  
**Yonkers Women of Excellence Awards Luncheon**  
and

**Special Congratulations to the 2016 Honorees:**

**Beth Fitzgerald**  
Entrepreneur Award

**Patricia Tursi**  
Above and Beyond Award

**Linda Bohan**  
Thomas J. Caramadre Humanitarian Award  
and

**Christina Gilmartin**  
Yonkers' own Business Professional

*Thank you for all your efforts in making our City a better place for us all!*

**MIKE SPANO**  
Mayor

**St. Elizabeth Seton Children's Foundation  
Cherish the Child Event**

Honoring: Shannon O'Neill Gallagher

**Let's Do Lunch!**



Join us on

**Thursday, May 5, 2016,**

for a lovely afternoon at the Elizabeth Seton Pediatric Center  
300 Corporate Boulevard South, Yonkers, NY 10701.

Visit with our residents and enjoy a beautiful luncheon provided by our dear friend,  
Chef Raffaele Ronca, the owner of Rafele Ristorante and the winner of  
**Food Network's** hit show, *"Chopped."*

If you would like more information, please contact MaryLou Pagano at (914) 597-4021  
or e-mail her at [MLPagano@setonchildrensfoundation.org](mailto:MLPagano@setonchildrensfoundation.org)

Learn more on our website [www.setonpediatric.org](http://www.setonpediatric.org) and to purchase your tickets online now!

**Chamber of Commerce  
Upcoming Events**

Greyston Foundation Networking Breakfast  
Tuesday, April 12, 2016

Hyatt Place at CCSC Networking Event  
Thursday, April 21, 2016

Anthony Enea, Esq. Sponsored Networking Breakfast  
Tuesday, May 10, 2016

Pizzeria Uno Networking Event  
Thursday, May 12, 2016

Annual Golf Outing  
Thursday, May 19, 2016

## 24th Annual Yonkers "Women of Excellence"

# Women of Excellence 2016 Honorees



## Business Professional: Christina Gilmartin

affairs and communications efforts for the City's departments. Christina Gilmartin brings over 15 years of experience in public relations and communications to Mayor Spano's administration.

In her current position, Christina is tasked with communicating information across a wide range of topics – from Finance to Engineering, Public Works, Planning and Development and more – to the public and local and regional media. In 2014, she successfully oversaw the consolidation of the City's Communications Department with the Board of Education Public Information Office resources and staff. Gilmartin has also been a crucial component in the strategic planning and effective communicating of the City's Generation Yonkers campaign, a marketing campaign

positioning Yonkers as the next great place to live, work and play. The successful campaign is targeted at millennials and features local entrepreneurs and business owners who speak to the benefits of living and working in the City of Yonkers.

Before joining the Mayor's Office, Christina previously served as the Director of Communications for ION Media Networks where she oversaw all communications strategies for the country's largest broadcast television group, its flagship network ION Television and its digital channels Qubo and ION Life. She also spent time at Oxygen Media, LLC. as its Senior Press Manager where she was responsible for securing national and local press coverage for network programming, on-air talent and company

executives; coordinating network special events such as press conferences, launch parties, Television Critics Association press tours and photo shoots. Prior to Oxygen, Gilmartin also served as an account executive at sports and entertainment public relations agencies, Dan Klores Associates and National Media Group.

Christina is a graduate of the prestigious S.I. Newhouse School of Public Communications at Syracuse University, earning a Bachelor of Science in Public Relations. She is a longtime resident of Yonkers and is married to husband Matthew, with whom together they are the proud parents of Julianna, 7, and two-year old twins Olivia and Peter. The Yonkers Chamber of Commerce congratulates Christina on this most deserving recognition.

The Business Professional Award is presented each year to a woman who has not only proven herself in business, but has encouraged others to successfully reach their goals. This year, the Yonkers Chamber of Commerce is delighted to present this award to Christina Gilmartin, the Communications Director for the City of Yonkers and Mayor Mike Spano, overseeing the public

## Above and Beyond: Pat Tursi

This year the Yonkers Women in Business Committee is proud to present the Above and Beyond Award to Patricia Tursi, the Elizabeth Seton Pediatric Center Chief Executive Officer. Since 2001 she was charged with transforming and growing a mission-driven continuum for medically complex children that is sponsored by the Sisters of Charity of New York. Through Pat's vision and leadership, the program has evolved to serve over 5,000 children annually in a health care system that includes the Elizabeth Seton Pediatric Center (located in Yonkers), the John A. Coleman School (with campuses in both Yonkers and White Plains) and the Children's Rehabilitation Center (located in White Plains). These organizations comprise a Continuum of Care that is supported by St. Elizabeth Seton Children's Foundation.

Pat's work within these organizations, and her entire career, has been driven by her passion to make a difference. Pat goes "above and beyond" as she strives

to better the lives of the individuals and their families she cares for, to inspire a work culture that is committed to excellence in care giving and to advocate for those who do not have a voice of their own. Pat works to set the standard for how a personalized health care model should be delivered.

Pat is a licensed nursing home administrator with over 30 years of health care experience. Before joining the Elizabeth Seton Pediatric Center, she was Vice President and chiefly responsible for the strategic planning and operations of Beth Abraham's Management Solutions. Prior to this role, she served as the Administrator of the Osborn Retirement Community for six years during its building expansion project.

Pat holds a master's degree in Public Health Administration and an All-University Gerontology Certificate from the Maxwell School of Syracuse University. She has taught at both Syracuse University and the New York Medical College/Fordham University

Graduate School of Health Sciences. She has served on numerous State, regional and community Boards of Directors including the Continuing Care Leadership Coalition (CCLC), LeadingAge NY, the Foundation for Long Term Care, the Governor's Advisory Task Force on Adult Day Health Care, the Alzheimer's Disease & Related Disorders Association, the Arthritis Foundation, the Senior Companion Program and the Governor's Medically Fragile Children's Work Group.

Currently, Pat is the co-chair of the CCLC Special Populations Committee and serves as a Board Member on both the State and national LeadingAge Boards. Pat received the prestigious Thomas Clarke Memorial Award from LeadingAge NY in 1996 and received the Excellence in Leadership Award from LeadingAge in 2008.

Pat lives in White Plains. Pat, who is devout in her faith, has had the fortuity to meet Pope Benedict XVI in 2008 and Pope Francis in 2015 during their



historic visits to New York when she accompanied "Princess Stephanie", a resident from Elizabeth Seton Pediatric Center. Stephanie received a papal blessing from each pope. For all of her endeavors and dedication to the most medically challenged and fragile of children, we congratulate Pat, a most deserving recipient of the 2016 Women of Excellence Award.



## 23rd Annual Yonkers "Women of Excellence"

# Women of Excellence 2015 Honorees

## Thomas J. Caramadre, Jr. Humanitarian Award: Linda Bohan

The Yonkers Chamber of Commerce is proud to present this year's Thomas J. Caramadre Humanitarian Award to Linda Bohan, RN, a person who has demonstrated a passion to "do more" for the residents of Yonkers throughout her personal and professional life. She is an active participant in numerous community initiatives, all geared toward improving the quality of life for all residents in Yonkers.

Linda received her BSN from Mercy College, MSN from Pace College and her RN from the Grace New Haven School of Nursing at Yale Medical Center. While working as a nurse at St. John's Riverside Hospital, Linda went beyond her job description and the hospital walls to improve the lives of the families she cared for. She helped forge an alliance with APPSP (Adolescent Pregnancy Prevention Services Program) to facilitate seamless care for young mothers, expanded the hospital's knowledge of and participation in the NY State Prenatal Care Assistance Program to ensure care for uninsured or undocumented women, and the Child Health Insurance Program, providing insurance

for all NYS children until the age of 19.

Linda personally attended community gatherings in Yonkers to educate residents about available health care programs. She introduced the hospital to the "Baby Safe Haven" program, and established hospital participation policies. Linda was able to have the Nursery status elevated to Level II designation so that more infants could be cared for at the hospital of birth in their community. Her other accomplishments included her help in obtaining Accreditation by the American College of Surgeons Commission on Cancer, and establishing the Hepatitis C support group which continues to meet on a monthly basis. Linda received certification in Childbirth Preparation and initiated the hospital program to offer classes to prospective parents in the community. She is a certified Asthma Educator and participated in the hospital Asthma Team program for the Yonkers Public School elementary students and was awarded the 2006 Nova Award for Excellence in Community Health by the American Hospital Assn.

Linda also earned certification in Neonatal Resuscitation and Inpatient

Obstetrical Nursing.

In addition, she joined the staff of the Yonkers Public Schools' Pathways to Success Program helping the entire Yonkers community. She expanded the services of the Family Welcome Center at Vive so participants can find the support, resources and referrals they need. The Family Welcome Center at Vive is so successful that it has been expanded to several K-12 schools throughout Yonkers.

Last fall she initiated the Spanish Cancer Education Program at Vive, in collaboration with Memorial Sloan Kettering Hospital and Gilda's Club. Linda also participates in the Family and Me classes at the Vive School. She serves as a member of the Westchester County Suicide Prevention and Awareness Task Force and Co-facilitator of the Healthy Yonkers Initiative (HYI). She is a board member of Mayor Spano's Hispanic Advisory Board, the Community Planning Council of Yonkers 55 Plus, and the March of Dimes Community Service Program. In addition, Linda was awarded the "Community Educator Award" from NYACCE and the East



Yonkers Kiwanis Distinguished Service Award for Nursing and Health Education.

Linda was married to the late John Bohan, a Sergeant in the New York City Police Department. She enjoys spending her spare time with her two sons and daughter in-laws, as well as her four grandchildren, all of whom live in Yonkers. The Yonkers Chamber of Commerce congratulates Linda, and thanks her for her tireless efforts for the citizens of Yonkers.

## Entrepreneurial Award: Beth Fitzgerald

This year the Yonkers Chamber of Commerce is proud to present the Entrepreneurial Award to Beth Fitzgerald, the Chief Financial Officer of Sound Associates, Inc., a family-owned business founded in New York City in 1946 by Thomas Fitzgerald. SAI builds audio and video systems for Broadway shows, churches, and other venues, and provides services for patrons who are deaf, hard-of-hearing, and blind as well as translation systems for foreign visitors. Today there are offices in New York City, Yonkers, Atlanta, and Toronto, with the primary production facility located on Saw Mill River Rd. in Yonkers.

Sound Associates was recognized for its advocacy on behalf of theatre patrons with disabilities with *The Secretary's Highest Recognition Award* by the Secretary of Health and Human Services of the United States and was honored by the Yonkers Chamber of Commerce as

the *Family Business of the Year*.

Beth and her husband Richard have been married 50 years and raised two daughters in Yonkers. Beth has a Master's Degree from the University of Missouri in Renaissance and Reformation History and taught at St. Ann's School in Yonkers for eight years. In 1981, she joined Sound Associates, Inc.

She serves as the secretary and treasurer of the 424 W 45<sup>th</sup> St Corporation and the secretary of the Board of Directors of Sound Associates, Inc. As a member of the Chamber of Commerce, she served on the Women in Business Committee.

Beth served as the teacher liaison to the Home and School Association at St. Ann's and as president of the Confraternity of Christian Mothers at Sacred Heart Grade School, where her daughters attended school. She has served as

secretary and vice-president of the Morsemere Garden Club, and is currently serving her third term as president. Beth was a member of the Mayor's Community Relations Committee under both Mayors John Spencer and Phil Amicone; she served on the committee for a total of 15 years, with one term as 1<sup>st</sup> vice-president. Under Mayors Spencer, Amicone, and Spano, she was a member and the secretary of the Yonkers Workforce Investment Board, serving for 19 years. In 2011, she was honored as an Aide to the Grand Marshall in the Yonkers St. Patrick's Day Parade. She is currently a graduation coach for two Yonkers High School students in the Yonkers Partners in Education Scholars Program, a vice-president of the Yonkers Historical Society, and she is a founding board member and secretary of The Untermyer Gardens Conservancy.



It is for this spirit, that the Women in Business Committee recognizes Beth Fitzgerald, and congratulates and thanks her for her entrepreneurial skills and dedication to serving others.

## Member profile: Yonkers Federation of Teachers

The Yonkers Federation of Teachers represents approximately 2,000 in-service teachers and teaching assistants and 1,000 retired educators. We are the fourth largest teachers' union in New York State and a member of the New York State United Teachers, which represents 600,000 professionals, and a member of the American Federation of Teachers, with a membership of 1.5 million.

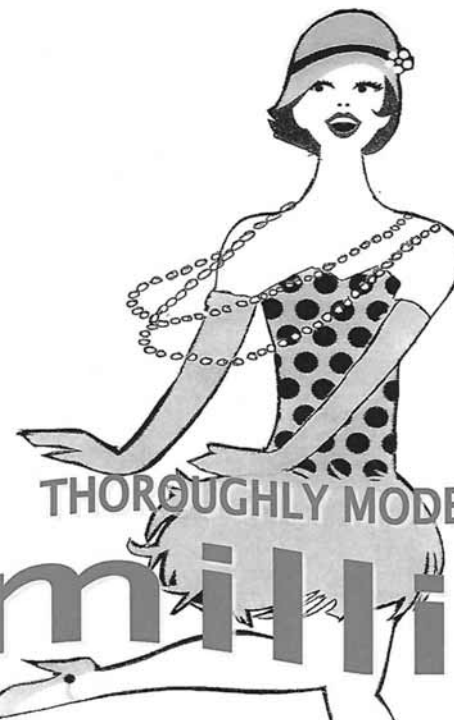
Our members play many roles in their schools. They not only teach, but they also coach, tutor, guide, advise, inspire and often console and comfort their students. Many adults can remember a teacher who had a major impact on their lives.

The union's involvement in the Yonkers community is unique and highly respected. In addition to the nine student scholarships awarded each year by the union, the YFT annually supports com-

munity organizations that also provide scholarships to students. This includes the PTA, NAACP, Association for Hispanic Professional, JCY Westchester Community Partners, and Enrico Fermi, just to name a few. The YFT also sponsors far reaching activities throughout the year, including the Storybook Bonanza, Toys for Tots, the Food Bank, Making Strides for Breast Cancer and Relay for Life.

What is most unique about the Yonkers Federation of Teachers is its twenty year membership and active involvement in the Yonkers Chamber of Commerce.

Historically, the YFT has annually sponsored one of the monthly Chamber of Commerce Breakfast meetings where the president of the union addresses the attendees on current educational issues. In addition, a member of the union's Executive Board serves on the Women in Business Committee.



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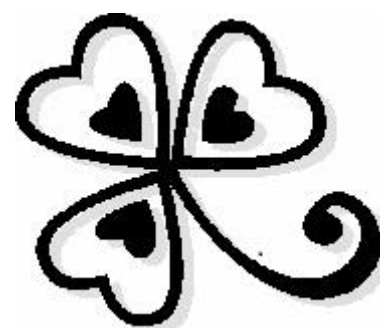
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## Member profile: FAOS

This season the **Yonkers Philharmonic Orchestra** (YPO) sponsored by the *Fine Arts Orchestral Society of Yonkers* (FAOS) is celebrating its' 53<sup>rd</sup> anniversary. Yonkers residents the late Pasquale Pistone and his wife Dr. Kathleen Pistone founded FAOS and the YPO. The Yonkers Philharmonic leads the way in providing **FREE** live symphonic concerts to residents of Yonkers, and its surrounding communities.

Tong Chen, newly appointed Conductor and Music Director of the Yonkers Philharmonic Orchestra is a talented conductor. Tong Chen, quickly established herself as one of the most promising and exciting young conductors of her generation. Ms. Chen has worked with numerous orchestras across the globe. Under her leadership the Yonkers Philharmonic Orchestra members will expand their horizons by performing adventurous pieces. The YPO will add a "Pops" concert to our regular season as soon as we get funding for it. Donations are always welcome!

The Yonkers Philharmonic Orchestra is comprised of about 64 musicians, 65% are professional, the rest are semi-professional. About 60% of our musicians are paid a performance fee, the others are volunteers. Most musicians in the orchestra have been with the group for many years. Many musicians attend extra rehearsals; some volunteer their free time to help administer the orchestra.

The YPO presents four free symphonic concerts annually on Sunday afternoons in Yonkers. YPO concerts are held in the auditorium of Saunders High School, 183 Palmer Road, Yonkers. On February 28, 2016 the YPO is presenting the first of an annual Beethoven Festival Concert Series honoring the late James Sadewhite, Conductor of the YPO from 2003 to 2013.

Remaining 2015-2016 Yonkers Philharmonic Concert at Saunders H.S. in Yonkers:  
**Sunday May 1, 2016** at 3:00 pm – featuring the talented winners of the FAOS 38<sup>th</sup> Annual Concerto Competition for Westchester County High School students.

FAOS sponsors an annual Concerto Competition for Westchester County High School Students. Winners receive scholarships and are given the unique opportunity to perform as soloists with the YPO at a free YPO Sunday afternoon concert.. The YPO performs a free outdoor semi-classical summer concert in cooperation with the Untermyer Performing Arts Council in Yonkers. As part of our ongoing "Music in the Yonkers Public Schools" program the YPO presents programs in Yonkers Public Schools. The next one will be presented in May 2016 at Yonkers Riverside High School.

In April 2012 ArtsWestchester presented the Yonkers Philharmonic Orchestra with a Community Service Award!

## New Member profile: Le Moulin

Josyane Colwell, owner and chef of Le Moulin Eatery & Wine Bar, brings more than 30 years professional culinary experience to her new restaurant on the beautiful Yonkers' waterfront.

Josyane was raised in the South of France and it was in the hills of Grasse where her love of food and cooking flourished. Josyane and her team bring a continental flair to her custom-designed gourmet menus highlighting the best of French and Mediterranean cuisine. Josyane is no stranger to Yonkers. Since 2000 she has catered numerous events in the area including the first ribbon cutting for the Collins' Enterprise Hudson Park Development, the Riverfront Library and Gallery openings, Ginsburg Development, Yonkers' Music Festival, Yonkers' Family Day, Philipse Manor Hall State Historic Site celebration, the YONY launch and the Untermyer Park Conservancy Gala. Josyane loves the energy of Yonkers and hopes Le Moulin will become a gathering space for the community to enjoy wonderful food, drink and



make new friends!

Le Moulin catering includes intimate garden weddings and affairs in homes to large-scale corporate events taking place in the stunning landmark buildings of New York City. Each and every event is unique, unrivaled, and combines exceptional skill and experience with our client's vision.

Josyane is very excited and happy to be joining the group of individuals who have already brought their extraordinary vision and talents to the Yonkers waterfront. At the moment Le Moulin is open Thursday, Friday and Saturday starting at 4:00 PM.

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### New Member profile: Mr. Awesome Glass & Mirrors



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### New Member profile: Wink Check Cashing



Wink Check Cashing is a family owned business with strong family ties to the Yonkers community, school system and sport teams. Wink was opened in 1974 and has been a part of the Yonkers community since 1985. We offer the community services such as check cashing, direct deposit, bill payment

services, metro cards, money orders, ez-passes and other ancillary services. Visit our Yonkers locations for all your financial needs. We are located at 266A S. Broadway , open from 830am - 730pm Monday to Saturday.and 499A S Broadway, open from 8:30 am to 8:00 pm Monday to Saturday.

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## New member profile: Performance Rehabilitation



Performance Rehabilitation is an outpatient physical therapy and rehabilitation practice focused on healing and assisting individuals accomplish their rehabilitative goals and reach their best functional potential. Our facility located in Yonkers is well-equipped with state-of-the-art machines, but our greatest results in patient recovery come from our hands-on approach. Utilizing a blend of exercise, functional and manual therapies, our therapists work closely with each person to design and individualize treatment programs in order to maximize injury relief and achieve your goals, whether it be to take a stroll in the park or play your favorite sport.

At Performance Rehabilitation we take pride in providing you with the best possible physical therapy. Patients are evaluated and often treated in private rooms and receive individualized attention and care. Additionally, although active exercise and manual therapies are the primary rehabilitation tools used to meet our goals, we also have a variety of state-of-the-art equipment that can be incorporated into your treatment plan as well as utilized to test overall progress. Our commitment to service extends beyond providing therapeutic services. Many private clinics and local hospitals are overcrowded, thus forcing their patients to be placed on a waiting list for an appointment. Waiting lists are never used at Performance Rehabilitation. Patients are generally scheduled within 1-3 days after they call for an appointment.

To learn more please give us a call at 914-776-7310 or visit our web site at:  
[www.performancerehabny.com](http://www.performancerehabny.com)

## New member profile: Fidelis Care

Fidelis Care is the New York State Catholic Health Plan, providing quality, affordable, New York State-sponsored health insurance coverage for people of all ages and at all stages of life.

From its origin in 1993 as the Catholic Health Services Plan of Brooklyn and Queens, Inc., Fidelis Care has grown — both in the scope of its mission and the services it provides. Today, through a Statewide network of more than 67,000 providers, we support more than one million children and adults, making Fidelis Care one of the

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Linda Bohan, Community Advocate and Volunteer

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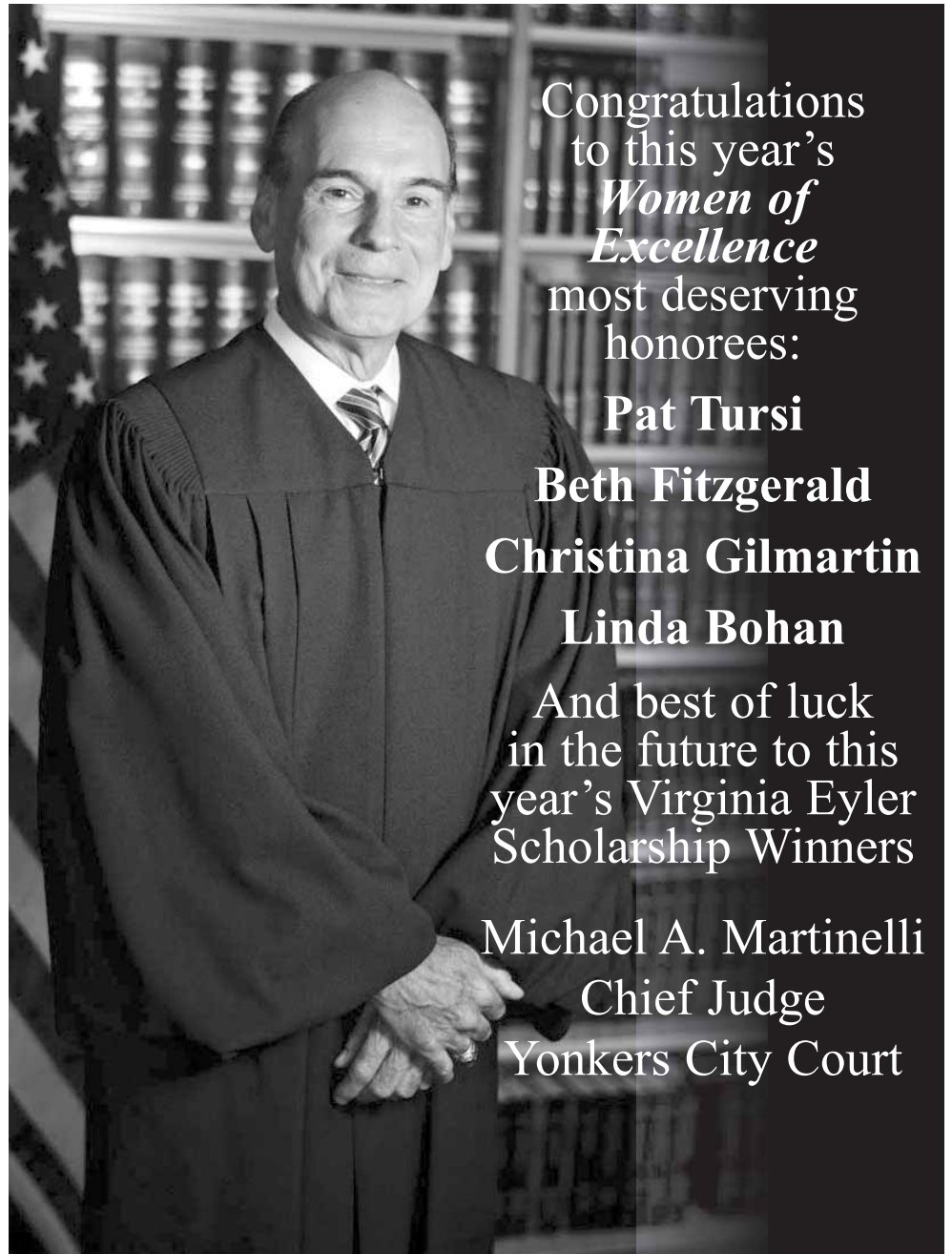
**Beth Fitzgerald**

**Christina Gilmartin**

**Linda Bohan**

And best of luck  
in the future to this  
year's Virginia Eyler  
Scholarship Winners

**Michael A. Martinelli**  
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# Chamber Networking Events



President of Empire Strategic Planning and former NY State Senator Nick Spano (l) seated with Chamber Chairman Angelo Martinelli, was the keynote speaker at the December, 2015 Networking Breakfast at the beautiful Castle Royale.



Brian Harrington ( r ) of Elizabeth Seton Pediatric Center accepts donations from Darryll Persad of Waste Management who collects a great number of toys and clothes for our Annual Toy Drive.



Early bird Networking at Castle Royale are (l to r) Antoinette Cerrato, Vinnie Restiano and Paul Ranieri at the December Networking breakfast



All smiles at the December breakfast are(l to r) Thomas McSpedon, Ronald Rienas, Sharon Leathem and Ed Falcone.



Pat Puleo (l), President of the Yonkers Federation of Teachers and Saunders HS Principal Steven Mazzola ( c ) at the January Networking Breakfast, sponsored by the Yonkers Public Schools featuring keynote speaker Superintendent Edwin Quezada ( r )



Enjoying our January Breakfast at Saunders HS are (l to r) Paul Ryan (Local Union 3), Fr. John Hamilton, St. John's Episcopal Church and Janice Lubin Kirschner, JCCY/FSSY.



Selling the winning raffle tickets is Susan Thaler (Yonkers Public Library) to Attorney Howard Berman.



The students at Saunders HS serve the members of the Yonkers Chamber of Commerce a delicious breakfast at the January Networking Breakfast.



# Chamber Networking Events



Chamber President Kevin Cacace presents the Knife and Fork Award to the Law firm of Smith, Buss and Jacobs, sponsors of the February Breakfast, featuring keynote speaker Jack Malley, Esq. (c)



Enjoying a delicious breakfast at the Heritage on McLean Avenue are Joan Magoolahan and Moira Kiernan.



Mark Hynes (l) of Top of the Line security with Attorney Thomas Smith of Smith, Buss and Jacobs, sponsors of the February Networking Breakfast.



Our Chamber members at the February Networking breakfast always enjoy the scrumptious breakfast at the Heritage including hot scones!



Presenting the Knife and Fork Award to Saint Joseph's Medical Center at our Annual March Networking Breakfast is Chamber President Kevin Cacace (l) with CEO Michael Spicer, keynote speaker Mayor Mike Spano and Board Chairman James Landy.



Early morning networking enjoyed at Saint Joseph's Medical Center (l to r) are Marcia Klein (Yonkers FAOS), Melvina Carter (City of Yonkers Finance Dept) and Mary Hoar (Untermeyer Performing Arts Council) at March Breakfast.



Chamber President Kevin cacace (l) greets Yonkers City Court Judge Thomas Quinoñes at the March Networking Breakfast.



Women in Business Committee members (l to r) Amani Marjeh (Sterling National bank), Kathleen Kuhnel (City of Yonkers) and Moira Kiernan (Sterling National Bank) enjoy the festivities at the March Networking Breakfast





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**30<sup>th</sup> Annual Chamber Golf Outing**  
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Registration and BBQ Lunch, 10:30-12

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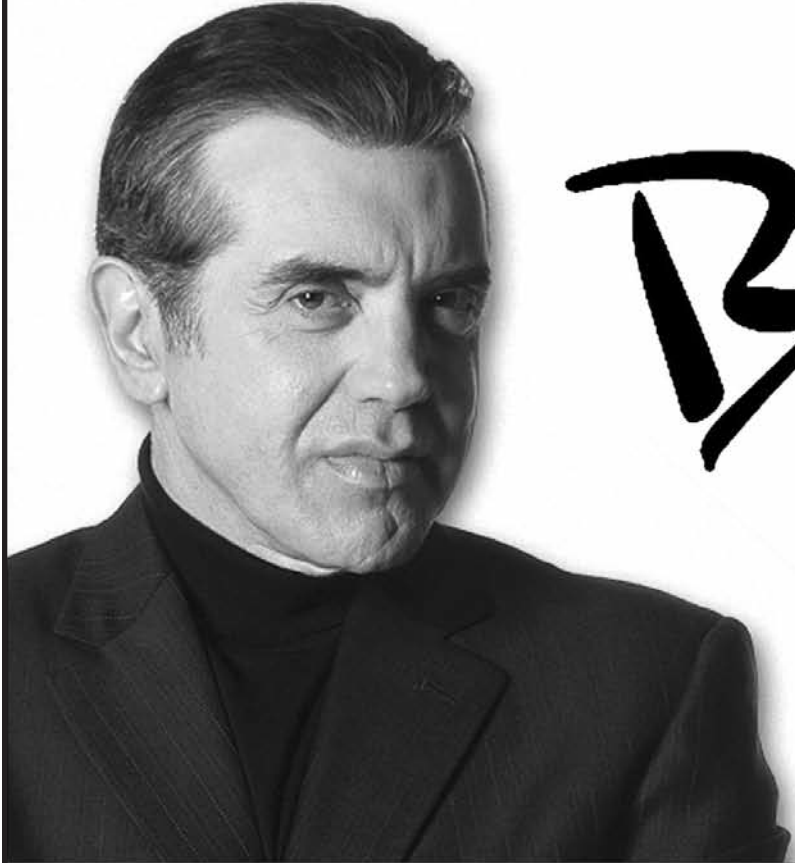
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Patricia Tursi— Above and Beyond  
Christina Gilmartin— Business Professional  
Linda Bohan— Thomas J. Caramadre Humanitarian**



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